

# the Source +



## Market Alerts

**TRANSITION** The movement of major growing areas from California to points as far south as Yuma Arizona is underway, and will continue through early December. 'Transition', as this movement is called, is a time when certain crops are more susceptible to disruptions in supply and quality. Currently no issues are reported, outside of the product alerts listed below.

**ROMAINE LETTUCE** Heat-related quality issues are still affecting Romaine. For best quality, consider using Iceberg, Green Leaf or Pre-Cut Lettuce.

**ORANGES** Supplies of Valencia Oranges are extremely short, and pricing is far higher than normal on most Choice and Fancy grade product. The shortage is expected to continue well into autumn, until the Navel crop comes in. Please consider Apples or Pears as a hand fruit option.

**BROCCOLI / CAULIFLOWER** Supplies of Broccoli and Cauliflower are fairly limited, with good to fair quality reported. Pricing may be higher than normal and orders may be shorted.

**AVOCADOS** Supplies are improving on Avocados, and pricing is lower for most grades and sizes than in prior weeks, but still higher than normal. Quality is good to fair.

**BERRIES** Heat-related quality issues are affecting all berries, Blackberries, Strawberries and Blueberries in particular. Softness, over-ripening and short shelf life are all reported. Please limit use where possible.

## A Peek at Peak Seasons

**SWEET POTATOES** All sizes and grades of Sweet Potatoes/Yams are plentiful, with good quality and pricing just in time for fall menus.

**Autumn Squash:** With cooler weather approaching, it's the perfect time to highlight hard (autumn) Squash on your menus. Butternut, Delicata, Carnival, Acorn and Spaghetti are all great options.

**Apples:** It's peak Apple season, with all your favorite autumn varieties such as Honeycrisp, Lady, Jona Gold, Red Rome and more. Ask your distributor for recommendations!

**Pears:** Bartlett and Red Pears are at peak harvest out of Washington, along with in California and New York. It's the perfect time of year to use them for hand fruit and recipes.

**Asparagus:** Supplies of all sizes of Asparagus are plentiful. Pricing is very good and quality is excellent.

## Weather Update

**California:** The record heat will cool slightly in the middle of the week, but remain above normal.

**Mexico:** Mostly dry conditions and seasonal temperatures.

**Florida:** Seasonal temperatures and precipitation.



# Commodities at a Glance

 APPLES	Peak season for fall varieties.	 CELERY	Quality and pricing are good.	 LETTUCE LEAF	Quality is fair; pricing is higher.
 ASPARAGUS	Quality and pricing are good.	 CITRUS (LEMONS)	Quality is good, pricing may be higher on certain sizes.	 LETTUCE TENDER LEAF	Quality is fair; pricing may be higher.
 AVOCADO	Pricing remains much higher than normal, quality is good to fair.	 CITRUS (LIMES)	Quality and pricing are good.	 MELON (CANTALOUPE)	Quality is good, pricing is fair.
 BELL PEPPERS	Quality is good to fair; pricing is higher on Western product.	 CITRUS (ORANGES)	Quality is good, supplies are very limited, pricing is extremely high.	 MELON (HONEYDEW)	Quality is good, pricing is fair.
 BERRIES (BLACKBERRIES)	Quality is fair to poor; pricing is fair.	 CUCUMBERS	Quality and pricing are good.	 MELON (WATERMELON)	Quality is fair; pricing is good.
 BERRIES (BLUEBERRIES)	Quality is fair to poor; pricing is fair.	 EGGPLANT	Quality and pricing are good.	 ONIONS	Quality and pricing are good.
 BERRIES (RASPBERRIES)	Quality is fair; pricing is good.	 GARLIC	Quality is fair; pricing is higher.	 PEARS	Quality and pricing are good.
 BERRIES (STRAWBERRIES)	Quality is fair; pricing is good.	 GRAPES (GREEN)	Quality is good, pricing is fair.	 PINEAPPLES	Quality and pricing are good.
 BROCCOLI	Quality is good, pricing is higher.	 GRAPES (RED)	Quality is good, pricing is fair.	 POTATOES	Quality and pricing are good.
 BRUSSELS SPROUTS	Quality is fair; pricing is higher than normal.	 GREEN ONIONS	Quality and pricing are good.	 POTATOES (COLORED)	Quality and pricing are good.
 CARROTS	Quality and pricing are good.	 KALE	Quality and pricing are good.	 SQUASH	Quality and pricing are good.
 CAULIFLOWER	Quality is good, pricing higher.	 LETTUCE ICEBERG	Quality is good to fair; pricing is good.	 TOMATOES	Quality is fair to good, pricing is higher. Grapes and smaller Rounds are the best values.

