

the Source +



Market Alerts

Tomatoes – Quality and availability continue to be fair, due to ongoing weather issues. The recent freeze in Florida’s growing region has delayed a full recovery by a couple more weeks. Quality is fair, and pricing remains higher for most varieties and sizes. **5x6 Rounds** and **smaller**, and **bulk Grape Tomatoes**, are the best values.

Cauliflower – Quality has improved but is still fair, and pricing remains higher than normal. Florets are a better value than whole heads.

Red Grapes – Supplies have become limited due to slow harvests out of Peru and Chile. Quality is fair. Consider **Green Grapes** as a better cost and quality option.

A Peek at Peak Seasons

Asparagus – Pencil and Standard size Asparagus is plentiful, with good quality reported. These smaller sizes are the best value this week.

Cantaloupe – The Central American crop is in full swing, with excellent sugar levels, color and shelf life.

Strawberries – All growing regions are harvesting very good quality fruit.

Blueberries – Quality is very nice and pricing is good on imports from Mexico and South America.

Apples – All seasonal varieties continue to be plentiful, with excellent quality.

Green Grapes – Quality out of South America is excellent—a good alternative to Red Grapes for the next couple of weeks.

Pears – All winter varieties are available, with very nice quality.

Chili Peppers – Fresh Jalapenos and Pasillas are excellent quality out of Mexico.

Weather Update

California: Seasonal temperatures and little precipitation.

Yuma AZ – Windy conditions and seasonal temperatures.

Mexico: Thunderstorms early in the week in the Central regions, seasonal temperatures in all growing areas.

Florida: Warm temperatures and dry conditions throughout most of the state.



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Created for chefs by chefs, **Colorful Plates** is an online toolkit for culinary artisans of all experience levels looking for produce knowledge and inspiration. From Michelin-starred restaurants to home cooking enthusiasts, advice, information, and creativity available on the website is designed to elevate produce understanding.

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Commodities at a Glance

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|---|---|---|--|--|---|
|  APPLES | Quality and pricing are good |  CITRUS (LEMONS) | Quality and pricing are good |  MELON (CANTALOUPE) | Quality and pricing are good |
|  ASPARAGUS | Quality and pricing are good |  CITRUS (LIMES) | Quality and pricing are good |  MELON (HONEYDEW) | Quality is good, pricing is higher |
|  AVOCADO | Quality is good, pricing is higher |  CITRUS (ORANGES) | Quality and pricing are good, 88 CT and larger are the best values |  MELON (WATERMELON) | Quality and pricing are good |
|  BELL PEPPERS | Quality is good, pricing on Reds is higher |  CUCUMBERS | Quality and pricing are good |  ONIONS | Quality and pricing are good |
|  BERRIES (BLACKBERRIES) | Quality and pricing are good |  EGGPLANT | Quality and pricing are good |  PEARS | Quality and pricing are good |
|  BERRIES (BLUEBERRIES) | Quality and pricing are good |  GARLIC | Quality is good, pricing is higher |  PINEAPPLES | Quality and pricing are good |
|  BERRIES (RASPBERRIES) | Quality and pricing are good |  GRAPES (GREEN) | Quality is fair, pricing is good |  POTATOES | Quality is good, pricing is higher; 80 CT and smaller are the best value |
|  BERRIES (STRAWBERRIES) | Quality and pricing are good |  GRAPES (RED) | Quality is fair, pricing is good |  POTATOES (COLORED) | Quality and pricing are good |
|  BROCCOLI | Quality and pricing are good |  GREEN ONIONS | Quality is fair, pricing is good |  SQUASH | Quality is good, pricing is good, Zucchini is a better buy than Yellow |
|  BRUSSELS SPROUTS | Quality is good to fair; pricing is slightly higher |  KALE | Quality is fair, pricing is higher. |  TOMATOES | Quality is fair, pricing is higher; 5X6 and smaller Rounds are the best value |
|  CARROTS | Quality and pricing are good |  LETTUCE ICEBERG | Quality is fair, pricing is good | | |
|  CAULIFLOWER | Quality is fair, pricing is higher |  LETTUCE LEAF | Quality and pricing are good | | |
|  CELERY | Quality and pricing are good |  LETTUCE TENDER LEAF | Quality is fair, pricing is higher. | | |

